



3133 SANDHILLS ROAD BADEN, ONTARIO, N3A 3B8

Concussion Protocol

Our Club will continue to educate our Players, Coaches and Parents on Concussions. Building awareness of the dangers of concussions with a view on prevention, recognition and proper recovery strategies are all essential. Thus PE1982 will use the following guidelines provided by Ontario Soccer.

For more information, see their complete resources available at
<http://www.ontariosoccer.net/player/sports-medicine/concussions>

https://canadasoccer.com/wp-content/uploads/2020/11/2018_Concussion_Policy_Digital_EN.pdf

- Use the Sport Concussion Assessment Tool (SCAT) to assess the level of injury
- Use the Return to Play (RTP) procedure to determine when the player is asymptomatic and can move to the next step
- Coaches are strongly recommended to familiarize themselves with the FIFA SCAT 3.

Further Resources: Concussion Guidelines Parents/Caregivers

<https://coach.ca/sites/default/files/archive/2020-01/Concussion-Guide-for-Parents-and-Caregivers.pdf>

Concussion Guidelines Coaches/Trainers

<https://coach.ca/resource/concussion-guidelines-coaches-and-trainers>

Guidelines Return After Concussion

<https://parachute.ca/wp-content/uploads/2019/06/Return-to-Sport-Strategy.pdf> Pocket
Concussion Recognition Tool

<https://www.coach.ca/sites/default/files/documents/2024-06/concussion-recognition-tool-crt5.pdf>